



“WHO runs the country”

President :- Ian Miller Ph 0429 937 153
Email millerian33@gmail.com

Secretary :- Maureen Fitzpatrick Ph 0455 578 755
Email mozzafitz@yahoo.com

November Newsletter

WHO CUP. WHO ANNUAL AWARDS and AGM

Sunday December 1st at Ted Horwood Reserve Castle Hill. Run first with starts between 9:30am and 11am. Choice of two WHO Cup courses (short and long).

Lunch provided by WHO at 12 Noon. Followed by award presentations and a short AGM. Target finish time is 1:30pm. BYO drinks. We have hired three tennis courts, so bring your tennis gear.

THIS EVENT IS FREE TO WHO MEMBERS. No need to pre-enter, just turn up. Helpers needed to allow everyone to run. Remember to RSVP to Maureen's email.

Upcoming WHO Events

Dec 1 (Sun)- WSOS, WHO Cup, WHO awards presentations and AGM at Ted Horwood Reserve, Park Road, Baulkham Hills

Dec 15 (Sun)- WSOS at Plumpton Park, Wren Terrace, Plumpton.

Jan 5 (Sun)- WSOS at Tarrawarra Reserve, Foray St, Guildford West.

WHO Cup – December 1st There are three trophies on the line at the WHO Cup. Fastest Female, Fastest Male and the ultimate prize Winner on Handicap. The secret handicapper creates kilometre times for each WHO member and applies it to the run times at the WHO Cup. This is a most difficult trophy to win. This year the courses have been set for the WSOS so you compete in two competitions at one time. Location: Ted Horwood Reserve, Enter off Park Road, Baulkham Hills. Starts from 9:30am to 11am. If you are entering please let Steve unlop know (stevedunlop47@gmail.com) so we can print sufficient maps.

WHO Awards - December 1 After the WSOS and WHO Cup runs, stay around for the WHO award presentations. Lunch will be provided by WHO. BYO drinks. We have booked the Tennis Pavilion. There are five trophies including the WHO Club Champion and the Hank Van Oost award for the person who contributed the most to the club over 2019. If you are joining us for lunch please RSVP by November 29th to Maureen Fitzpatrick (her email id on the heading of this newsletter).

WHO AGM – December 1 – Following the presentations we will hold the club's Annual General Meeting. Traditionally this is a short meeting and we have targeted a 1:30pm finish.

HONOUR BOARD

NSW SPRINT CHAMPION Congratulations to **Janet Morris** on her win at the NSW Sprint Distance Championships W80A class.

Other sprint successes were recorded by Selwyn Sweeney (M16A) and Barry Hanlon (M80A) who achieved second placings while Paul Sweeney (M45AS) was third with Niamh Cassar (W16A) and Ted Mulherin (M75A) in fourth placings. Well done !

MEMBERSHIP – A new record!

Welcome to the Jones family, Mark, Pam, Elysa, Alex and Marcus who are keen SOS participants. Please make yourself known to WHO members and see Ian Miller for your free blue WHO shirts.

The WHO memberships number has climbed to a new record. As of 18th November, WHO had **121** members.

Reminders

RSVP to Maureen for lunch at the WHO Cup mozzafitz@yahoo.com

RSVP to advise Steve Dunlop whether you will be competing in the long or short course for the WHO Cup. stevedunlop47@gmail.com

Editor's Comments

This is a shorter newsletter than usual as the main item on the WHO Cup and AGM on December 1st.

Merry Christmas Ho Ho Ho!

I know it is early and you are not ready for it but Christmas is not far away. May you have a very Merry Christmas and a Happy, Healthy and Prosperous New Year. Stay safe during what is likely to be a hot, dry summer.

STATE LEAGUE POINT SCORE – WHO RESULTS

2019 State League Point Scores - Final

WHO is the 5th ranked NSW club with 537 points. Congratulations to all our State League achievers.

WOpenE – Jacinta Braidwood 3rd with 220 points
W12A – Savanna Sweeney 2nd with 544 points
W14A – Martine Valais 6th with 325 points
W16A – Naimh Cassar 2nd with 665 points
W16A – Aurelie Valais 6th with 110 points
WJuniorB – Naimh Cassar 1st with 200 points
WJuniorB – Constance Valais 2nd with 128 points
WOpenB – Sylvie Valais 15th with 61 points
W35AS – Nerise McQuillan 4th with 239 points
W35AS – Emmanuelle Convert 7th with 54 points
W40A – Belinda Kinneally 6th with 205 points
W40A – Emmanuelle Convert 13th with 90 points
W45A – Saffron Sweeney 7th with 149 points
W45AS – Maureen Fitzpatrick 4th with 355 points
W45AS – Saffron Sweeney 12th with 10 points
W50A – Karen Langan 8th with 94 points
W65A – Lynn Dabbs 2nd with 505 points
W80A – Janet Morris 1st with 700 points

M16A – Selwyn Sweeney 3rd with 663 points
M16A – Seth Sweeney 5th with 406 points points
M21A - James McQuillan 3rd with 507 points
M35AS – Dan Smith 8th with 238 points
M40A – Vivien de Remy de Courcelles 3rd with 614 points
M40A – Lee Coady 6th with 176 points
M45A – Josh Braidwood 8th with 189 points
M45A - Paul Sweeney 11th with 82 points
M45A – Matt Hackett 14th with 45 points
M45AS– Robert Bradley 3rd with 640 points
M45AS - Paul Sweeney 6th with 428 points
M45AS - Dmitry Stukov 7th with 244 points
M45AS – Tim Perry 9th with 51 points
M50A - Dmitry Stukov 14th with 115 points
M55AS – Steve Holloway 19th with 10 points
M65A – Steve Dunlop 21st with 57 points
M65AS – Kevin Williams 3rd with 495 points
M65AS – Barry Pearce 6th with 52 points
M65AS – Andy Vesey-Wells 7th with 39 points
M65AS – Steve Dunlop 8th= with 5 points
M65AS – Steve Holloway 8th= with 5 points

M75A – Ted Mulherin 7th with 332 points
M75A – Barry Pearce 9th with 45 points
M80A – Barry Hanlon is 2nd with 612 points
The full point score list can be found at <https://www.onsw.asn.au/state-league-results>

Keep Up To Date with WHO news

Check the Facebook page and club website.

Facebook page -

<https://www.facebook.com/Western-Hills-Orienteers-363738563689907/>

Real time results, the latest news, more photographs and other good WHO stuff. Has 56 Turkey Trot photos. Contact James McQuillan if you have an item of interest.

Website - <http://who.orienteering.asn.au/>

An important news source between newsletters. Barry Hanlon regularly adds more features and new articles. Scroll down on the home page for the interesting “stuff”. The Club Captain’s blog has been updated with the Wianamatta Metro results and comments at <http://who.orienteering.asn.au/Metro-League>

Do you have web skills and can help with the WHO web site? If so please contact Barry Hanlon (b.hanlon@bigpond.net.au)

ONSW Meetings and Workshops

Purple Pen Workshop Sat Nov 23

12 noon to 1pm advanced

1pm to 4pm beginners

ONSW will be conducting Purple Pen workshops at KNOX Grammar on Sat Nov 23 right after the SOS event there that morning. The plan is for an advanced forum from 12-1pm where people familiar with PP can swap tips and tricks, then we'll have a beginner workshop from 1-4pm for people who'd like to learn from scratch how to use PP to set courses, and print maps and descriptions.

The PP software is a free download intended for Windows users. There is a Mac conversion but it doesn't always work.

Purple Pen is easy to use, intuitive and does not require any OCAD knowledge - just a pdf of the base map.

Members who wish to attend should bring a laptop. They will be emailed map files prior to save for use in the workshop.

DID YOU KNOW?

No club has won the ONSW club of the year more than WHO. WHO won it in 2018, 2011, 2007, 2000. Garingal and Newcastle have also won it 4 times, Central Coast = 3, Uringa = 2, Wagga = 2, Mountain Devils, Southern Highlands, Northern Tablelands and BushnBeach once each.

Unfortunately, we had to return the “Club of the Year” trophy to ONSW for presentation to this year’s winner. WaggaRoos justifiably earned it for organising and delivering their Oceania Carnival events.

-----//-----